



WEST CONTRA COSTA ELEMENTARY BUFFET STYLE AUGUST MENU 2019



Meals offered at no charge to all children 18 years of age and younger.

Please call 510-307-4580 with any questions.

Salad Bar	Mon 8/19	Tue 8/20	Wed 8/21	Thu 8/22	Fri 8/23
<p><u>Daily:</u> Salad Bar Selection of fresh local fruits and Vegetables</p>	<p>Vegetarian Lasagne w/ Cheese</p> <p><u>Sides:</u> Garlic Bread</p>	<p>Spicy Chicken Parmesan w/ Tomato Sauce</p> <p><u>Sides:</u> Lemon Rice</p>	<p>Carnitas</p> <p><u>Sides:</u> Rice, Beans, Tortillas, Salsa</p>	<p>Turkey Pepperoni Pizza</p> <p><u>Sides:</u></p>	<p>Oregano Lemon Chicken</p> <p><u>Sides:</u> Roasted Carrots & Potatoes</p>
Choice of Milk					
Salad Bar	Mon 8/26	Tue 8/27	Wed 8/28	Thu 8/29	Fri 8/30
<p><u>Daily:</u> Salad Bar Selection of fresh local fruits and Vegetables</p>	<p>Enchilada Casserole</p> <p><u>Sides:</u></p>	<p>Hot Dogs</p> <p><u>Sides:</u> Tater Tots</p>	<p>Chicken & Dumplings</p> <p><u>Sides:</u></p>	<p>Beef Raviol w/Tomato Sauce</p> <p><u>Sides:</u> Parmesan Cheese Garlic Bread</p>	<p>Popcorn Chicken</p> <p><u>Sides:</u> Mac & Cheese</p>
Choice of Milk					